

## Oak Hill Fire Department Hiring Process

### Physical Agility Test 2021

*Each candidate will wear a 45-pound weighted vest, helmet, and gloves provided by the test proctor (candidates are allowed to use personal gloves as long as they meet current NFPA structural standards (NFPA 1971) and are labeled as such by the manufacturer). Shorts and tennis shoes are allowable for the test.*

1. **Aerial Ladder Climb:** The candidate will climb an extended 100-foot aerial ladder placed at a 70-degree angle and touch the top of the ladder. The candidate will wear a ladder belt and be attached to a safety line. If at any time the candidate stops for more than 5 seconds, the candidate will fail the skill. This skill is PASS/FAIL and is not timed. When finished, the proctor will remove the ladder belt. The candidate will then walk to the next station without stopping.

#### **TEST TIME STARTS WHEN THE CANDIDATE PASSES THE START/FINISH LINE**

2. **Ladder Carry:** The candidate will pick up a 14-foot roof ladder from the ladder rack and place it on their shoulder in a low shoulder carry. The candidate will walk 50 feet to a cone, turn around the cone, and walk back 50 feet to the starting point and place the ladder back in its position on the rack. The candidate will be immediately disqualified if the ladder strikes the ground at any time.
3. **Equipment Transfer:** The candidate will move six 50-foot rolled sections of 2 ½-inch hose in any configuration (one, two, or three at a time) and put them in two stacks of three from a table 47" tall to the raised box 12" off the ground. Once all sections are placed in the box, the candidate will then transfer the sections back to the table in any configuration to end up with two stacks of three.

4. **Forcible Entry Prop:** The candidate will utilize the provided 10 pound sledgehammer to strike the forcible entry prop repeatedly until the prop's buzzer sounds. The required pressure setting will be 850 psi.
5. **Tower climb:** The candidate will climb the stairs to the top of a 4-story training tower while carrying 100 feet of a 2-inch high-rise hose bundle. When the candidate reaches the top of the landing, they will set the bundle on the landing and then descend the tower. Candidates may skip steps while ascending the stairs; however, the candidate must touch every step while descending the tower.
6. **Hose Drag/Pull:** While holding the nozzle, the candidate will drag a charged 1 ¾-inch hose line 50 feet past the marked line. The candidate then will drop to one knee or sit down and pull 20 feet of hose in a stationary position (the hose will be marked to indicate 20 feet).
7. **Hose Adapter Connections:** Given an assortment of adapters, the candidate will choose the proper adapters needed to connect a 2 ½-inch coupling to a 1 ½-inch coupling and complete the connections. This evolution is complete when the connections are made and are suitable to flow water.
8. **Victim Drag:** The candidate will drag a 165-pound simulated victim 75 feet. This evolution is complete when the entire manikin crosses the finish line.

#### **TIME STOPS WHEN THE ENTIRE SIMULATED VICTIM CROSSES THE FINISH LINE**

**Times will be provided to the candidate upon the candidate's request. There will be a warning time automatically given at 2:00 remaining for the physical agility test. This is a timed pass / fail test. Candidates will see their time at the end of the test and will be told if they have met the required time of 6 minutes 38 seconds (6:38) to pass.**